



LIONS Lifeline

District 37- O Newsletter



LION DR. ROSE GEONZON - DISTRICT GOVERNOR DISTRICT 37-O - 2011-2012

DISTRICT GOVERNOR'S MESSAGE:

It is with great honour and pleasure to extend my greetings to all Lions and to thank all those who have supported me during my campaign as a candidate for District Governor 2011-2012. I also would like to acknowledge my own club. The Calgary Filipino Lions Clubs and other Lions Club for their unconditional support and believing in me. I will do my very best to serve you all and to be worthy of your trust and confidence in me.

It is now time to start working seriously to achieve our goals to improve our District and grow stronger. I cannot work alone. We will work together and work along with our International President, President Tam and the Lions Clubs International, to achieve Membership Growth, Strong and dedicated Leadership and help our Environment. Through our Global Membership Team, (GMT) and Global Leadership Team, (GLT), I believe, we can do it. Here are the goals I have envisioned for this year as District Governor:

A- Global Membership Team (Chaired by PDG John Goodrich)

- 1- Increase Club membership by recruiting new members and improving member's retention program.
- 2- Organize Members Orientation, Retention and Mentoring seminars.
- 3- Explore areas for possibility of organizing new Clubs. We have to organize at least two new clubs
More is better.
- 4- Organize incentives or contest with District awards for clubs.
- 5- Encourage better club participation in district events.
- 6- Create programs to bring clubs closer to the Cabinet.

B- Global Leadership Team (Chaired by Lion Jack Busst)

- 1- Organize Leadership Training programs which includes Rallies and Training Schools.
- 2- Train more program Trainers and Facilitators. Invite reputable Trainers and Facilitators in our District, Multiple District and other MD's.
- 3- Re-train Guiding Lions who were certified more than three years.

C- Environment (Chaired by Lion Dexter Bragas & ZC Lion Brent MacLeod)

- 1- We will help the LCI program to plant 1,000,000 trees around the world. We will work with the City of Calgary Parks and Recreation Department to plant at least 100 trees in City Parks with plaque bearing the name, "Lions Clubs Trees". 3000 trees have been donated to PDG John Goodrich to be planted in the rural areas through their Lions Club. This is a good PR for our Lions Clubs.

D- My Pet Project for this Lionistic Year:

- Lions Clubs International Foundation (LCIF). We will increase our donations to LCIF to fund the increasing worldwide disasters and calamities. LCIF funds are quickly depleting. In doing so, we will also increase our Melvin Jones Fellows.

These goals needs: COURAGE, COMMITMENT, & ACTION in order to be realized. We LIONS are Day Dreamers not Night Dreamers. Day Dreamers are action people who worked hard to achieve and realize their dreams. Night Dreamers are people who dream at night and forgot in the following morning what they have dreamed. "I BELIEVE", "WE BELIEVE" that these goals are **ACHIEVABLE. WE CAN DO IT.**

District 37-O Cabinet

Immediate Past District

Governor

John Goodrich

District Governor

Dr Rose Geonzon

1st Vice District Governor

Bruce Bishop

2nd Vice District Governor

Bill Baux

Cabinet Secretary

Melanie Dueck

Cabinet Treasurer

Fran Prettegianni

Zone Chairs

Zone 1A

Cameron Schmaltz

Zone 1B

Joe Kidd

Zone 1C

Mike Savage

Zone 2A

Brad Downie

Zone 2B

Ken Hand

Zone 2C

Richard Tumanon

Zone 3A

Sonny Warrack

Zone 3B

Zone 3C

Brent MacLeod

Information and Technology

Jim McPherson

Finance Chair

Fran Prettegianni

Public Relations

Christy Dalidowicz

Newsletter Editor

Bernie Gribben

Constitution & By-Laws

Gordon Prusky

Convention Chair

Margaret Young

Convention Advisory Chair

Christina Pond

Convention Participation

Kevin Gibbons

Environmental

Dexter Bragas

Global Leadership Team

Jack Busst

Global Membership Team

John Goodrich

Leo Clubs

Edy Ongpin

Service Initiatives

Youth Camp

Basil Boyd

Lions Quest

Peace Poster

Anne Kennedy

Project Pride

Anne Kennedy

Youth Exchange

Debbie MacRae

Diabetes/Lions Cavalcade

Dennis Stevenson

Sight Conservation (CNIB)

Don Edy

Organ & Tissue Donor

Nick Chapin

LCI/MD37 & District 37-0 Projects

LCIF

Bill Baux

Lions Foundation of Canada

Sanadra Goodrich

Lions of Alberta Foundation

Fred Walters

Lions Eye Bank

Malcolm MacLeod

Lions Sight Centre

Al Heater

CLERC

Bernie Gribben

No Child Without

Margaret Brucker

Health

Les Aasen

Clerc Newsletter insert

It's a beautiful world...but only if you can see it.

The Lions Recycle for Sight project has made clear vision possible for millions in the developing world.

Your donated glasses are processed and sent to mission groups who distribute free, ready to wear glasses.

The Lions would like to thank all of you who donated not only your time but your gently used eyeglasses, and encourage everyone, to recycle your used glasses to bring sight to those in need.

It's Free for you. Priceless for them.

To all clubs. If you would like
Upcoming events or news
Placed in the newsletter, just
Send them to: gribbenb@shaw.ca

Please make copies of
the newsletter and pass
Out at your club
Meetings. Thank you.

If you're Lions Club has something
to insert into further issues of this
newsletter.

Please forward to the Editor at
gribbenb@shaw.ca

Please send in its original format
not PDF

International President Dr. Wing Kun Tam



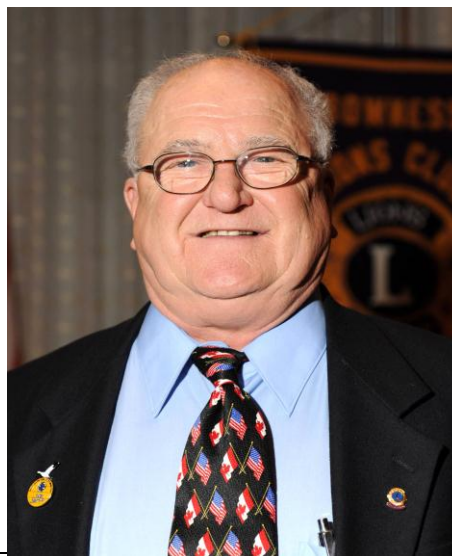
District Governor 37-O Dr. Rose Geonzon



International 1st Vice President Wayne Madden



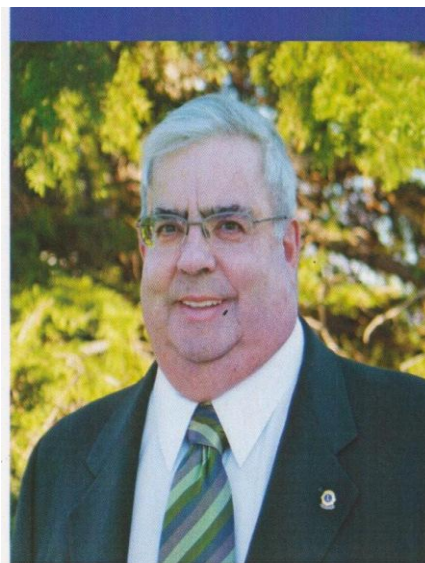
1st Vice District Governor 37-O Bruce Bishop



International 2nd Vice President Barry Palmer



2nd Vice District Governor 37-O Bill Baux



International Director Marvin Chambers Congratulations

Marvin Chambers, from Fillmore, Saskatchewan, Canada, was elected to serve a two-year term as a director of The International Association of Lions Clubs at the association's 94th International Convention, held in Seattle, Washington, USA, July 4 to July 8, 2011. Director Chambers is an agricultural consultant and the mayor of Fillmore.

A member of the Fillmore and District Lions Club since 1971, he has held many offices within the association, including club president, region chair, zone chair and district governor. He also served as a Guiding Lion and convention chairperson, attended extension workshops and helped start three Lions clubs and a Leo club.

In recognition of his service to the association, he has received numerous awards including the 100% Club Secretary Award, 100% Club President Award, two International President's Medals and two International President's Certificates. He is also a Melvin Jones Fellow, a Judge Brian Stevenson Fellow and a life member of both the Saskatchewan Eye Bank and the Saskatchewan Foundation.

In addition to his Lions activities, Director Chambers is active in numerous professional and community organizations. He currently serves as a member of the Fillmore Recreation and Cultural Board, a member of the Hospital Foundation for Fillmore District and a village representative for Saskatchewan Urban Municipalities. In the past, he also served as councillor for RM #96 [Fillmore], United Church treasurer, councillor for the Village of Fillmore, and president of both the Fillmore's Donor's Choice and the Fillmore Curling Club.

Director Chambers and his wife, Lynne, also a Lion, have five children and five grandchildren.

International Director Dave Hajny Congratulations

Dave Hajny, from Ennis, Montana, USA, was elected to serve a two-year term as a director of The International Association of Lions Clubs at the association's 94th International Convention, held in Seattle, Washington, USA July 4-8, 2011. Director Hajny is retired.

A member of the Bozeman Lions Club, and a Lion since 1994, he has held many offices within the association, including club president, zone chair, council chair and district governor. He also served as Montana Lions Sight & Hearing Foundation vice president, Montana PDG Association president and a faculty member at the Regional Lions Leadership Institute.

In recognition of his service to the association, he has received numerous awards including two Club Lion of the Year Awards, a PID Dr. Jack Dobush Fellowship, a PID Gary Tschache Fellowship, a Montana Lions Sight & Hearing Fellowship, a Presidential Leadership Medal, five International President's Certificates of Appreciation and an International President's Medal. He is also a Progressive Melvin Jones Fellow.

In addition to his Lions activities, Director Hajny is active in numerous professional and community organizations, including the Madison Valley Hospital Foundation, the American Legion and the United States Selective Service Board for Montana. He has also served as chairperson of the Madison Valley Rural Fire Board.

Director Hajny and his wife, Marie, also a Lion and a Melvin Jones Fellow, have three sons, one daughter and seven grandchildren.

DISTRICT GOVERNOR'S OFFICIAL VISITS 2011-2012

DATE	CLUBS	Date	Clubs
Aug. 17	NEE	Dec. 1	Vulcan
Aug. 28	South Asian	Dec. 2	Wildrose
		Dec. 5	Nanton
Sept. 12	Heritage	Dec. 6	Beiseker
Sept. 13	Forth Calgary	Dec. 7	Milo
Sept. 21	Canmore	Dec. 8	Blackie
Sept. 22	Woodcreek	Dec. 12	Cremona
Sept. 27	L.C of Calgary	Dec. 13	Gleichen
		Dec. 15	Arrowwood
Oct. 4	Cochrane		
Oct. 17	Okotoks	Jan. 3-2012	Eastport
Oct. 20	Crossfield	Jan. 9	Irricana
Oct. 24	Bowness	Jan. 10	Mountainview
		Jan. 12	Rosebud
Nov. 1.	Carseland		
Nov. 2.	Chinatown		
Nov. 3.	Didsbury		
Nov. 7	Carstairs	Jan. 17	Clunny
Nov 8	Hussar	Jan. 23	Springbank
Nov. 14	Champion	Jan. 24	Southridge
Nov. 15	Olds	Jan. 25	Madden
Nov. 16	Cheadle	Feb. 6	Bearspaw
Nov. 17	Sundre	Feb. 8	Chestermere
Nov. 21	Keoma	Feb 13	Highwood
Nov. 22	Standard	Feb. 14	Mossleigh
Nov. 24	Airdrie	Feb. 21	Korean
Nov. 28	North Hill	Feb. 27	Rockyford
		Mar 1	Stathmore
		Mar 5	Filipino

**CONVENTION DISTRICT 37- O
JANUARY 13 TO 14, 2012**

These dates are subject to change and are more up to date than the listings in the District Directory

Worldwide, we never suffered a loss until 1984-85. In 1987-88, we had a gain of 9,677, in 1998-99, a gain of 8,343, in 1989-90, a gain of 11,137, in 1990-91, a gain of 13,105, in 1991-92, a gain of 21,251, and in 1992-93, a gain of 1,802. We also had gains in 1994-95 of 12,426, in 1995-1996 a gain of 8,525, a gain of 8,292 in 2003-04 and a gain of 15,808 in 2001-2008. In 2008-09 and in 2009-10, we also had gains worldwide.

We had membership losses worldwide in 1985-1986 (4,346)

1986-1987 (2,428) 1993-1994 (1,608) 1996-1997 (2,986) 1997-1998 (319) 1998-1999 (4,726) 1999-2000 (782) 2000-2001 (34,461) 2001-2002 (19,643) 2002-2003 (5,091) 2004-2005 (42,582) 2005-2006 (20,969) 2006-2007 (13,022)

The average number of members in USA Lions Club in 1984-1985 was 37; in 2007-08 it was 30. In 1984-1985 there were 15,250 Clubs; in 2007-08 there were 12,936 Clubs - a loss of 2314 Clubs.

The average number of members in a Canadian Lions Club in 1984-1985 was 30; in 2007-08 it was 24. In 1984-1985 there were 1,866 Clubs; in 2007-08 there were 1690 - a loss of 176 Clubs

In 1984-1985 there were 557,139 Lions in the USA; in 2007-08 there were 386,087 - a loss of 171,052 Lions.

In Canada, in 1984-1985 there were 56,169 Lions; in 2007-08 there were 40,162, a loss of 16,007 Lions.

Declining Club Size:

In MD 37, in 1974-75 when I was privileged to serve as District Governor, the average size of our Canadian Lions Clubs was 35, and in Montana it was 40. Ten years later, in 1984-85, the average Club size on the Canadian side of our MD was 30, and in Montana it was 37. In 1994-1995, on the Canadian side, the average was 26, and in Montana it was 33. In 2004-05, on the Canadian side of MD 37 the average Club size was 24, and in Montana 31.

So, over those 30 years the Montana average dropped from 40-31, and the Canadian side average dropped from 35-24.

What is even more threatening to our future is the number of our Clubs that have less than 20 members. Now I know that many of you will argue that a Club with less than 20 members is just as effective as a Club with 40. And that may be true, in some cases, when you only look at the service those small Clubs provide.

But other factors come into play - first, finance - the District, Multiple District, and Lions Clubs International have a vested interest in comparing income and expenditures. As with any business - which our various structures are - from Club to Lions Clubs international - it takes a certain amount of per capita administrative income to be effective

Our loss of members in MD 37 of about 4000 Lions over the past few decades is one of the main reasons that our Council is asking for a dues increase. To put it another way, the loss of 4000 members simply means that our council has \$44,000. less than it did in 1974-1975. And, as we all know, at the gas pump, at the grocery store, at the Post Office - everywhere, prices have increased dramatically.

Second, an increased membership gives a Club more hands to serve, and more hands to touch hearts.

Third, a larger membership will surely give Lions a greater visibility in the community.

Fourth, a larger membership will offset the perception held in some communities that if the Lions Club can only attract a small number of members, they can't be a group that I would like to join.

And, while those and other factors come to mind, unless we gain more members, it is hard for Lions Clubs International to justify the expense of a District Governor, and we will again have to look at re-Districting.

And, while those and other factors come to mind, unless we gain more members, it is hard for Lions Clubs International to justify the expense of a District Governor, and we will again have to look at re-Districting.

When all is said and done, we need more members in most of our Clubs, and we need to organize more new Lions Clubs.

MD 37 has 281 Lions Clubs with a splendid legacy of service - but we can improve!

Here is where we are at the end of April:

In District 37-L, there are 61 Clubs - but fully 70% of the Clubs have less than 20 members - and 32 of those 43 Clubs that are under 20 have less than 15 members. Their member average per Club is 19.

In District 37-I, there are 64 Clubs - but 58% of those Clubs have less than 20 members - and 21 of those 37 Clubs that are under 20 have less than 15 members. Their member average per Club is 20.

In District 37-O, there are 51 Clubs, but 24% of those have less than 20 members - and 6 of those 12 Clubs have less than 15 members. Their member average is 30.

In District 37-N, there are 53 Clubs - 25 are in Montana and 28 are in Alberta. 53% of the Clubs have less than 20 members - 14 in Montana, and 15 in Alberta - 14 of those 29 Clubs with less than 20 members have less than 15. Their member average per Club is 23.

In District 37-S, which is all in Montana, there are 52 Clubs - 37% of those Clubs have less than 20 members; and 12 of those 19 Clubs have less than 15 members. Their member average per Club is 27.

So, to sum it all up, 50% of our 281 Clubs - or 140 Clubs - have less than 20 members; and 85 of those Clubs have less than 15 members.

It seems apparent that a good average member per Club in all of our Districts would be about 30.

District 37-L - 1830 members - up from the current 1153

District 37-I - 1920 members - up from the current 1280

District 37-O- 1530 members - up from the current 1519

District 37-N- 1590 members - up from the current 1202

District 37-S - 1560 members- up from the current 1394

Our MD 37 would then have 8,430 members - the storm clouds I mentioned earlier would disperse - and sunshine - in all our communities - both in increased service and sustainability - will be the order of the day.

But the responsibility to do that rests on the shoulders of our Club leaders - it is only the Clubs that can make it happen - and I have every confidence that they will!

Submitted by

PIP Judge Brian Stevenson

May, 2011

“Don’t just think you can, BELIEVE you can.”

As Lions we are all droplets of water that together form the world’s mightiest Ocean of service. The Yellow River is the seventh-longest river in the world, stretching 3,395 miles long. It is often called the cradle of Chinese civilization, serving as the birthplace of northern Chinese civilizations and giving prosperity to millions. And yet, at its source, high in the Bayan Har Mountains, it all begins very humbly with trickles of water. It gains its power and strength as it flows northwest, then northeast, turning southward, and finally east flowing through seven provinces along the way and nourishing over 120 million people.

It’s astonishing that such a mighty force starts out so small. Lions Clubs International also had a humble beginning. Our founder, Melvin Jones, and a few of his colleagues, were the first beginning droplets of water that today, 94 years later, have changed the world and touched millions of lives.

2 LIONS CLUBS INTERNATIONAL

Melvin Jones had one quality that made it all possible he believed. He knew even then the difference between “thinking” and “believing” is a matter of conviction. To me, believing is different from thinking because it has three other key elements:

- **Courage • Commitment • ACTION**

Even if you first fail — like the Wright brothers did with their first trial airplanes – a strong belief creates a sense of courage to try things others thought impossible. You then need commitment to try and try again, and to inspire others to follow you. And finally you need to take action, or run the risk of being just an idle dreamer.

It was these qualities that helped Melvin Jones transform an idea from a droplet into a river that could change the world. He created a culture organized around a belief in the value of giving back, and a belief that one person can make a difference. He believed in his idea of creating an organization that would serve people in need; he had the courage to follow through with his idea; he was committed to make the organization a success; and he took the necessary action to bring everything to fruition. Like a mighty river, Melvin Jones believed even in 1917 that we would gain strength with each Lion who joined our ranks – person by person, community to community – serving millions of people along the way.

Today – 94 years after the first drop of water nourished a seed that would grow into a worldwide service organization, Lions Clubs International continues to flow. Our course has flowed in every direction, and across nearly a century in time. But one thing has remained constant. We Serve.

I believe we are making a difference like no other service organization in the world. I believe in our motto “We Serve.” And I believe in you – the Lions of the world, who make up a network of caring, and a network of service. Together, as a family of unique volunteers, we constitute Lions Clubs International – the global leader in community service.

This year, I am calling on all Lions to embrace a sense of belief of what it truly means to be a Lion – a belief that each individual Lion makes a difference and that, together, we can change the world even more than we have yet imagined.

I have set my vision – driven by my beliefs – on three special goals this year: _ Strengthening and retaining our membership by taking care of fellow members as if they were family _ Expanding our service to new heights, propelled by a special campaign to plant one million trees _ And nurturing our future by involving more young people and Leos in all that we do

Together we will flow onward – a benevolent flood of service to the world.

Wing-Kun Tam

INTERNATIONAL PRESIDENT

PRESIDENTIAL THEME

MD 37 Memorial Service Medicine Hat



Congratulation on doing a great service in remembering those that served

Calgary Northeast Eyeopener Lions Club

GARAGE SALE

Saturday, September 24th

9:00 a.m. - 4:00 p.m.

Winston Heights Mountview Community Centre

520 27th Avenue NE, Calgary

Donations accepted until noon September 23rd

Contact for further information:

Carol Carr - 403-948-4133

Christina Pond - 403-280-6826

Hazel Hiebert - 403-945-1477

Judy Glenn - 403-912-1176

Ollie Borgedahl - 403-242-3573

The **STARS & Lions** 8th Annual Golf Classic was held on June 2 at the Lynx Ridge Golf Course. The tournament was a great success again this year, as we had a record number of golfers, and the normal Calgary rain held off until the tournament was over and everyone was inside the clubhouse. I would like to thank the many Lions Clubs, corporations, golfers, and individuals for their continued support as the committee presented STARS CEO Dr. Powell with a cheque for \$45,932.

As a result of Lions from the district supporting the tournament with sponsorships, golfers, silent auction items, and individual donations, this tournament has raised over \$213,000 to date. Lions are proud to continue supporting STARS and I would like to thank all the Lions and Stars volunteers whose efforts made this another successful tournament.

Lion Barry Conn
Tournament Chairman



Lions Creed

*He achieves success who lives well, laughs often and loves much;
Who gains respect of intelligent men and the love of little children;
Who fills his niche, who accomplishes his task, who leaves the world better
than he found it, whether by an improved poppy, a perfect poem or a rescued
soul;
Who never lacks appreciation of earth's beauty, or fails to express it;
Who always sees the best in others, and gives the best he has;
Whose life is an inspiration, whose memory is a benediction*

HE IS A LION

Planting a Million Trees – Do you believe it Can Be Done?



An important part of our extension of service this year is caring for our environment. Our goal this year is to plant a million trees around the world. That's less than one tree for each member. If we can accomplish this goal, it proves once again that we can accomplish anything – just like we did when we exceeded our goal for Campaign SightFirst II. Just like we did when we prevented over 1 million cases of river blindness. And just like we are going to do by helping eradicate measles.

Why trees? It's no secret that trees help the environment, but you may be surprised by all the benefits that planting a tree can provide. Trees are like the lungs of the planet. They breathe in carbon dioxide and breathe out oxygen. They also reduce erosion to save soil, help preserve local water sources, and provide habitat for wildlife living under more and more stress. Simply put, planting trees in your neighbourhood really is one of the best things you can do for the local environment.

Any of us can plant a tree. It's a very visible and hands-on way for each and every Lion to make a difference. It's also a great project to invite your community at-large to join your local Lions club in a collaborative effort. If we can plant a million trees, it will reinforce the limitless potential we all know we have to make a difference as Lions.

So make tree-planting part of your club or district activities this year, and invite your neighbours, friends and members of the community to join you. What better way to be reminded of our gift of service than to watch the trees you have planted grow year-by-year? Every month throughout the year, we will report the number of trees being planted on this Web site.

This year, special **awards** to recognize the outstanding achievements of clubs and districts involved in tree planting projects will be distributed. Also, several **resources** are available to help us reach our goal of planting one million trees. I believe that this year we will mobilize Lions around the world to reach this goal and truly make an impact on our environment.

Wing-Kun Tam
International President

LIONS NEED TO BOUNCE BACK!

Lions have been known to bounce back ever since we were established in 1917. We have grown most during the economic downturns. That is not happening during the present downturn in the economy.

It happened in the past because people knew that we could help those that were in need better by joining others to make it happen.

They knew it could be done through Lions with hands on help without donating a lot of money. They had the time and with that time they could help others with the many hands in Lions clubs.

How can we then bounce back like we have done in the past? First, we need to sell ourselves through public relations to the many communities we now serve. Secondly, we need to sell to our membership that we must ask and ask everyone we know to join our cause so we can help those in need. Thirdly, we need to keep every Lion we have by keeping them involved and making sure that they know that what they do is appreciated. And, finally, we need to sell our District Governors on the importance of Extension.

The District Governors who are successful in putting in new clubs in their districts are successful only because they appointed the right people to make it happen and they stayed on top of it and made sure it did happen.

We can bounce back and increase the number of Lions we have in North America, but we have to work at it. It won't happen if we sit and watch our membership evaporate. Get your clubs and members involved in good public relations, membership drives, keeping the members you now have in your clubs, and pushing your

District Governors and Extension chairmen to get off their happy trolleys and get new clubs in the communities in their districts. All this can be done with just a bit more effort than what we have been giving in the past.

So let's step up and bounce back with an increase in membership.

This article was taken from the
Nanaimo Lions Club Newsletter

Lions Club of Calgary



The Lions Club of Calgary has made affordable housing a priority in Calgary for many years. For the past 58 years it has been operating 24 bungalows as affordable housing at the junction of Crowchild Trail and Kensington Road N.W. A couple of years ago the club decided to create a Lions Village on the 1.5 acre site which will offer 90 affordable homes and create affordable housing for 130 Calgary seniors.

This 92,000 –square –foot complex will be ready for occupancy January 2013.

This project is being taken on by its 32 Lions members at a cost of \$19 Million dollars.

The Lions Village is a four storey, angular geometric building facing the Bow River.

It has one-two bedroom and studio units and 10 handicapped suites on the ground floor.

Meeting rooms are scattered throughout, there is a library, games room and kitchen that will accommodate dining for 70 located on the main level. Meal service will not be available; the complex is for independent living so the kitchen will primarily use for functions and special events.

The land will be transferred to the Lions Housing Society.

Paradox of our Times

Today, we have bigger houses and smaller families;
More conveniences, but less time;
we have more degrees, but less common sense;
More knowledge, but less judgment.
We have more experts, but more problems; more medicine, but less wellness.
We spend too recklessly, laugh too little, drive too fast,
get to angry too quickly, stay up too late, get up too tired,
Read too little, watch TV too often, and pray too seldom
We have multiplied our possessions, but reduced our values.
We talk too much, love too little and lie too often.
We've learned how to make a living, but not a life;
We've added years to life, not life to years.
We have taller buildings, but shorter tempers;
wider freeways, but narrower viewpoints.
We spend more, but have less; we buy more, but enjoy it less.
We've been all the way to the moon and back, but have trouble crossing the street to meet the new neighbor.
We've conquered outer space, but not inner space.
We've split the atom, but not our prejudice;
We write more, but learn less; plan more, but accomplish less.
We've learned to rush, but not to wait;
We have higher incomes, but lower morals.
We build more computers to hold more information, to produce more copies, but have less communication.
We are long on quantity, but short on quality.
These are the times of fast foods and slow digestion; tall men and short character; steep profits and shallow relationships;
More leisure and less fun; More kinds of food, but less nutrition;
Two incomes, but more divorce; Fancier houses, but broken homes.

This is the paradox of our times today.

That's why I propose, that as of today, you do not keep anything for a special occasion, because every day that you live is a special occasion.
Search for knowledge, read more, sit on your front porch and admire the view without paying attention to your needs
Spend more time with your family and friends, eat your favorite foods, and visit the places you love.
Life is a chain of moment of enjoyment, not only about survival.
Use your crystal goblets. Do not save your best perfume, and use it every time you feel you want it.
Remove from your vocabulary phrases like "one of these days" and "someday". Let's write that letter we thought of writing "one of these days".
Let's tell our families and friends how much we love them.
Do not delay anything that adds laughter and joy to your life.

Every day, every hour, and every minute is special. And you don't know if it will be your last.

by Herbert K. Lau

CLUB TWINNING 2011-2012 SCHEME-1

ZONE 1A

Beiseker
Carstairs
Crossfield
Didsbury
Olds
Sundre

ZONE 3C

Woodcreek
NEEO
Lions Club of Calgary
Easport
Korean
Southridge

ZONE 3C

Woodcreek
NEEO
Lions Club of Calgary
Eastport
Korean
Southridge

ZONE 1A

Beiseker
Carstairs
Crossfield
Disbury
Olds
Sundre

ZONE 1B

Airdrie
Canmore
Cochrane
Cremona
Madden
Springbank

ZONE 1C

Bearspaw
Bowness
Wildrose
North Hill
Mountainview
Chinatown

ZONE 1C

Bearspaw
Bowness
Wildrose
North Hill
Mountainview
Chinatown

ZONE 1B

Airdrie
Canmore
Cochrane
Cremona
Madden
Springbank

ZONE 2A

Blackie
Foothills
Highwood
Nanton
Okotoks
Champion
Arrowwood
Carsland

ZONE 2B & 3B

Vulcan
Mossleigh
Cluny
Gleichen
Milo
Hussar
Rosebud
Standard

ZONE 2B

Vulcan
Mossleigh
Cluny
Gleichen
Milo
Hussar
Rosebud
Standard

ZONE 2A, 3B

Blackie
Foothills
Highwood
Nanton
Okotoks
Champion
Arrowwood
Carsland

ZONE 2C & 3B

Filipino
Fort Calgary
Properties
Heritage
Rockyford

ZONE 3A

Strathmore
Cheadle
Irricana
Chestermere
Keoma

ZONE 3A

Strathmore
Cheadle
Irricana
Chestermere
Keoma

ZONE 2C & 3B

Filipino
Fort Calgary
Properties
Heritage
Rockyford

Believe that one person can make a difference.

Believe that the entire world can be changed when we come together as Lions.

Believe that changing a life – or the world – starts with each one of us.





Did you know that the human eye, our extraordinary organ of sight, is composed of over 2 million working parts, and is second only to the brain in terms of complexity? Equally amazing is that the eye is the only part of our body able to function at 100% of its ability, instantly, day or night, without rest - that is when its functioning properly.

In developed countries, such as Canada and the US, we think nothing of spending hundreds of dollars for eyeglasses, contact lenses or laser eye surgery to correct our vision when we aren't able to see well. For hundreds of millions of impoverished people in developing countries though, many of whom survive on less than a dollar a day, glasses, even reading glasses are impossibilities. The impacts of this in terms of health, safety and lost productivity are enormous, with the economic impact alone estimated at 700 billion dollars annually.

Over the past several months many District 37-O Lions Clubs have hosted funding presentations from Global Eyesight Now, a non profit organization distributing a recent and remarkable invention of low cost (\$19 a pair) self-adjusting glasses (see Centre for Vision in the Developing World at www.vdw.ox.ac.uk). Response has been very favorable, allowing Global Eyesight Now in February of this year to conduct two eye care outreaches in Indonesia, where hundreds of pairs of glasses were dispensed and a total of 24 healthcare workers were trained to help their vision impaired countrymen.

Executive Director David Campbell, an affiliate member of the Foothills Lions Club, reports that the organization has now been federally incorporated, a process which took months to complete, and is expected to receive notification of its registered charity status in the next few weeks. In the meantime work has proceeded with the Global Eyesight Now website, which should be up and running by late July, and the organization's board of directors has launched a process to develop strategic planning and decision making policies guiding the nonprofit over the next five years.

David also reports that he was recently approached by the **Flying Doctors of Canada** (www.flyingdoctors.ca), who asked Global Eyesight Now to partner with them this summer in two missions to Central America, one in El Salvador, and another in Nicaragua. David hopes to be involved in at least one of the missions, where, supplementing the medical care provided by Canadian physicians, the organization will bring self-adjusting glasses - and Lions recycled reading glasses - to poverty stricken people in need.

To facilitate this, David needs to purchase 300 pair of self-adjusting glasses, at a cost of \$5,700.00, and make arrangements to have them shipped from China, where the glasses are manufactured. He is also hoping that Bernie Gibbon, Chairman of the Canadian Lions Eyeglasses Recycling Program, will make available 500 pair of Lions recycled reading glasses for the Central America mission.

District Lions Clubs wishing to support this initiative, including those that have received Global Eyesight Now funding presentations but have yet to make a donation, are encouraged to contact David as soon as possible. He may be reached by telephone at **403.554.3238** or by email at daviddc@persona.ca

